

## Deepening Questions

- Would it be okay with you that healthy food is only available to people who can afford it?
- If so, what might be the consequences of that—both to individuals and society? (For example, by eating less healthy food, low-income individuals have more health issues, are sick more often, require more health care, miss more days of work, and have lower job performance.)
- If not, how might we make healthy food available to everyone?
- The film gives the impression that food is either cheap or healthy. Do you think it is true that food is either one or the other, or is this a false dichotomy?
- In the film, the mother, Maria Andrea Gonzalez, says, “We’re really tight from either paying for his [Alfredo Orozco’s] medicine to be healthy or buying vegetables to be healthy.” Which should she choose if she cannot afford both?
- How have our government policies affected the types and costs of available foods?
- How does the cheap price of processed food affect low-income families? Is this fair?
- Subsidies make certain foods cheaper than they would be otherwise. Without subsidies, how might low-income families afford food?
- In the film, author Michael Pollan says, “We’ve skewed our food system to the bad calories, and it’s not an accident.” What does he mean by this?
- With cheap food, it seems our society pays at both ends—at the production end with subsidy tax dollars, and at the consumption end with poorer health and lower productivity. Who benefits from cheap, fast food? Is it really cheap for everyone?
- How might our government policies be restructured to allow more access to healthier foods? (For example, policies might educate people about healthful eating or give incentives to grow and buy fruits, vegetables, whole grains, and other healthier foods.)
- Do you think healthy eating should be a right, a responsibility, or a privilege?  
[Placing a sign for each position around the room, have students stand under

the sign that shows their position. Ask students at each sign to explain their position.]